

# Personal Cycle Log

This chart enables you to record any details that may be important to you during your cycle, such as medications and testing. You may also wish to record highlights such as egg retrieval, embryo transfer, and so on.

## Treatment Cycle

| Cycle Day | Date | Medication/<br>Dose | Injection Site/<br>Time | Blood Work | Ultrasound | Notes |
|-----------|------|---------------------|-------------------------|------------|------------|-------|
| 1         |      |                     |                         |            |            |       |
| 2         |      |                     |                         |            |            |       |
| 3         |      |                     |                         |            |            |       |
| 4         |      |                     |                         |            |            |       |
| 5         |      |                     |                         |            |            |       |
| 6         |      |                     |                         |            |            |       |
| 7         |      |                     |                         |            |            |       |
| 8         |      |                     |                         |            |            |       |
| 9         |      |                     |                         |            |            |       |
| 10        |      |                     |                         |            |            |       |
| 11        |      |                     |                         |            |            |       |
| 12        |      |                     |                         |            |            |       |
| 13        |      |                     |                         |            |            |       |
| 14        |      |                     |                         |            |            |       |
| 15        |      |                     |                         |            |            |       |
| 16        |      |                     |                         |            |            |       |
| 17        |      |                     |                         |            |            |       |
| 18        |      |                     |                         |            |            |       |
| 19        |      |                     |                         |            |            |       |
| 20        |      |                     |                         |            |            |       |
| 21        |      |                     |                         |            |            |       |
| 22        |      |                     |                         |            |            |       |
| 23        |      |                     |                         |            |            |       |
| 24        |      |                     |                         |            |            |       |
| 25        |      |                     |                         |            |            |       |
| 26        |      |                     |                         |            |            |       |
| 27        |      |                     |                         |            |            |       |
| 28        |      |                     |                         |            |            |       |
| 29        |      |                     |                         |            |            |       |
| 30        |      |                     |                         |            |            |       |
| 31        |      |                     |                         |            |            |       |
| 32        |      |                     |                         |            |            |       |
| 33        |      |                     |                         |            |            |       |
| 34        |      |                     |                         |            |            |       |
| 35        |      |                     |                         |            |            |       |

